



DREW A. STEIN, MD

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Date: 3/3/16
RE: Cortes, Gonzalo

Narrative Report:

CC: right shoulder pain

HPI: 47 y/o RHID male presents with right shoulder pain s/p injury on 7/1/13. The patient was arrested and thrown into bars. He was taken by ambulance to Elmhurst ER. He reported right shoulder pain and back pain. He subsequently had right shoulder arthroscopy 1/22/15. He is currently getting physical therapy two times per week. He is getting trigger point injections as well. He reports continued pain. He reports his pain is a 7/10. He reports pain at night. He reports pain with lifting. He reports pain with overhead activity. He reports he cannot push or pull. He reports he is currently working with pain.

ROS:

General: Denies fever, chills, sweats, anorexia, fatigue, weakness, malaise, unintended weight loss, and sleep disorder.

Derm: Denies excessive perspiration, night sweats, suspicious lesions, and rash.

Cardiovascular: Denies SOB, chest pain, lower extremity swelling.

Neuro: Denies difficulty with concentration, poor balance, headaches, dizziness

GI: Denies nausea, vomiting, diarrhea, loss of appetite.

PMH: High cholesterol

PSH: Right shoulder arthroscopy with RTC debridement, subacromial decompression, and distal clavicle excision (1/22/15), right hand operation (removal of glass)

Meds: high cholesterol medication, ibuprofen

All: NKDA

SH: Denies tobacco

FH: Non-contributory

Physical Examination:

General: Well-developed, well-nourished, no apparent distress. 5'7" 185 lbs.

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Gait: Normal heel-toe gait pattern.

Right Shoulder:

Arthroscopic portals well healed, 2+ pulses, sensation intact, radial, ulnar, median, and axillary nerves intact, RTC strength 2+/5, TTP over biceps tendon, + Neer, negative Hawkins, + O'Briens, + Speeds, negative AC joint tenderness, scapula with normal attitude.

	Left	Right
Flexion (Normal: 180)	180	160
Abduction (Normal: 180)	180	150
External Rotation (Normal: 65)	65	35
Internal Rotation (Normal: mid-thoracic)	MT	BP

Radiographs:

Review of medical records:

1. Elmhurst Hospital's medical records reviewed
2. X-rays of the right shoulder from 7/1/13: normal exam
3. MRI of the right shoulder from 11/14/14: tendinopathy with partial thickness rotator cuff tears.
4. FDNY Prehospital Care Report Summary reviewed
5. The New York Hospital Medical Center of Queens' medical records reviewed
6. Operative report from 1/22/15: Right shoulder arthroscopy with RTC debridement, subacromial decompression, and distal clavicle excision (Dr. Tony Quach).

Impression: Right shoulder s/p RTC debridement, subacromial decompression, and distal clavicle excision with continued post-operative pain

Causality: The patient's complaints and surgery are, within a reasonable degree of medical certainty, related to the described accident on 7/1/13.

Disability: The patient has a marked orthopedic disability.

Prognosis: Fair

Work: The patient is working as a food runner in a kitchen.

Treatment: The patient requires a post-operative MR arthrogram of the right shoulder. This will cost \$1,800.00. He will likely need a revision surgery for a right shoulder arthroscopy and open biceps tenodesis. This will cost \$35,000.00 including the facility fee, anesthesia fee, surgeon fee and implant fee. He will require post-operative physical therapy 3 times per week for 3 months. This will cost \$150 per visit.

Respectfully,


Drew A. Stein, MD